



# ROTARY CLUB OF APPLETON GUSTO

Service Above Self

## October 27th , 2015 Upcoming Programs

**November 3rd, 2015**  
**Radisson-Empire**  
Nobel Attendees  
Thought of the Day: Video

**November 10th, 2015**  
**Radisson-Salon A**  
Veteran's Admin-Post  
traumatic stress syndrome  
Thought of the Day: Phil  
Sealy

**Officers 2015-2016**  
**President**  
Sridhar

**President-Elect**  
Jennifer Stephany

**Past President**  
Deborah Wetter

**Secretary**  
Chad Hershner

**Treasurer**  
Gary Hermsen

**Directors**  
Rosie Cannizzo  
Ruth Ann Heeter  
Sonia Barham  
Andrew Micheletti  
Jake Woodford  
Alan Blake  
John Nygaard

**Sergeant-At-Arms**  
Jon Kester

**Rotarian of the Year**  
Mary Harp-Jirschele

**Admin. Assistant**  
Meghan Warner  
Phone 205-5255  
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**Membership – 167**

Downtown Gusto  
Meghan Warner, Editor  
Dist. 6220, Club 2656  
P. O. Box 703  
Appleton, WI 54912  
[www.appletonrotary.org](http://www.appletonrotary.org)

Meets Tuesday Noon

## ROTARY ON THE ROAD

### **THE BOYS AND GIRLS CLUB OF THE FOX VALLEY- MARTA WELDON**

The Boys & Girls Clubs of the Fox Valley is a leading provider of critical services for the area's growing population of children and adolescents most in need and is the second busiest Boys & Girls Club organization in the State of Wisconsin. The Boys & Girls Clubs of the Fox Valley works with more than 12,000 young people each year and an average of over 1,100 each school day. The Club has actively sought to enrich the lives of young people, especially those who need us most, and is dedicated to ensuring that our community's youth have greater access to quality programs and services that will enhance their lives and shape their futures. The young people served at the Boys & Girls Clubs benefit from trained, caring, professional staff and volunteers who inspire and enable them to take control of their lives, envision productive futures and reach their goals. The Clubs serve youth from throughout the Fox Cities and surrounding areas. Membership in the organization is only \$15 per year. The Boys & Girls Clubs of the Fox Valley operates nine different Boys & Girls Clubs, including The CLUB Teen Centers in Appleton and Menasha. Additionally, the Club's Youth & Family Services mental and behavioral services array helps ensure access to essential supports during the most vulnerable times of many children's lives. Programs such as the Center for Grieving Children, Youth & Family Counseling, Runaway & Homeless Youth Services, and Truancy Intervention Services are provided at no cost and help keep young people on target developmentally.

### **PAPER VALLEY TRAIN CLUB- PAUL HILLMER**

Paper Valley Model Railroad Club is a 501C Nonprofit hobby club. The club is one of the oldest train clubs in the USA. The club was formed in the late 1930s by Karel Richmond and was located in the old CNW RR depot in the flats from 1949-1985 with a large O scale layout. The depot was sold by the CNW in 1985 and torn down and the club moved around for several years from Valley Fair Mall to the Avenue Mall, building a portable HO layout. The club then agreed on a month to month lease with an old radio station at W2221 Block Road in Kaukauna in 1995 and is currently located there. The club leases and takes care of the building and property for Relevant Radio and have around 40 dues paying members. The club has built a HUGE (1300 square foot) HO Scale layout based loosely on a railroad from Milwaukee to Green Bay. We also have a large O Scale "Lionel" layout in the basement of the building. We are currently re-storing that layout from a basement flood in 2014. The club is open to the public the 1st, 2nd, and 4th Thursday evening of the month, and Saturday afternoons. The club also will be hosting its annual (since the 1950s) open house 11/27 & 11/28 and 12/26 from 10-5:30pm. Admission is always FREE but donations are appreciated. Fox Cities Magazine will be publishing an article on the PVMRC in its upcoming Holiday issue.

### **OUTAGAMIE COUNTY RECYCLING CENTER**

The facility, which opened in 2009, serves three counties – Winnebago, Outagamie and Brown, 65 communities and over 200,000 households. Through the years they have steadily increased the service area and tonnages. During 2010, the first full year of operation, they processed 46,000 tons of recyclables. In 2013, more than 80,000 tons was processed, a 74% increase in just three years. Increasing the business service area has allowed the center to utilize the capital investment of the facility by implementing a full-time second shift. The two shifts employ nearly 60 people, many of them from Valley Packaging. **Do's and Don'ts of Recycling:** Do accept #1 plastic bottles such as water and soda bottles. #2 plastic bottles and jugs such as milk jugs and laundry detergent bottles. Do not accept plastic bags, wrap or film (they jam up the equipment), no motor oil bottles, no Styrofoam (bad stuff, don't use it if can avoid it). Remove all caps and lids and discard (really important. If left on can keep the plastic bottles from being recycled.), rinse bottles and jugs. Do accept aluminum cans and bottles, steel, tin and bi-metal cans, empty aerosol cans (but none that had pesticide or poison in them). Do not accept aluminum pans or foil or any empty paint cans. Guidelines – rinse cans and bottles.

## OUTAGAMIE RECYCLING CONTINUE...

Discard plastic caps from aerosol cans. Do accept cardboard, paperboard (cereal box), newspaper, junk mail and office paper, phone books, magazines, catalogs, shredded paper (put in brown paper bag and staple shut). Do not accept tissue paper or paper contaminated by food or grease. Flatten and cut cardboard to no larger than 3' x 3'. Do accept food and beverage glass bottles and jars. Do not accept windows, ceramics or china. Rinse bottles and jars, metal caps and lids should be recycled. Discard plastic caps and lids. Most of the paper that is recycled in the facility is sold to local paper companies to reuse. Plastic bags can be recycled at your local grocery store or Walmart. Recycling keeps an incredible amount of material out of our landfill making our landfill last much longer and saving money. The materials that are recycled by the Tri-County facility are sold to companies to make into new products which conserves natural resources. Fifty percent of the things we throw away could in fact be recycled. Let's all make an effort to increase the amount we are recycling to reduce the amount of material that goes into our landfill. Its good business and good for our communities.

## STEP INDUSTRIES-MICHELLE DEVINE-GIESE

Nicole Kordus of STEP Industries shared her story of growing up in a loving, stable home turned into a life she never thought she would live, that of a heroin addict. Nicole found herself as a young mother addicted to opioid painkillers which lead her to selling drugs to pay for her addiction. She ended up getting arrested and spending time in prison. While in prison she was given the opportunity to go to treatment. She completed her treatment and was released. Upon release she started working at STEP where she gained support, new friendships, work ethic and confidence. She is now a Recovery Coach, Human Resource Coordinator and just celebrated 4 years of sobriety. She is a better mother, friend and daughter because of her journey.

Dan Haak (Neenah Operation Manager) and Michelle Devine Giese (President of STEP) provided a presentation on the history of STEP, the mission "STEP Industries, Inc. is a social enterprise, offering HOPE to recovering alcoholics, chemical dependents and co-dependents; by providing vocational and personal growth" and the value of people in early recovery working together. STEP has help over 10,000 people since opening in 1982. Year to date there have been 295 people at STEP with over 50% leaving for a positive reason. STEP specializes in working with people who have poor work history or habits to turn those around in a supportive environment. It is also a great place for people in recovery to take a break from a stressful career while they focus on their recovery. STEP has 3 recovery coaches on staff as well as 100% of the operation staff being in recovery. A tour of the facility, the new vocational learning center and a Q&A concluded the program.

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## ANNOUNCEMENTS

- The Houdini 10K is Saturday, **Nov. 7<sup>th</sup>**. This is the inaugural year for this event, and Appleton Rotary is the primary beneficiary. Our job is to help with volunteers. Sign up using the link for each volunteer opportunity below.

Early packet pick up, **Friday, Nov. 6<sup>th</sup>** at Copper Rock – **4:45 pm to 8pm**: **2** volunteers needed, wear Rotary logo, a registration director from the event will be there to lead.

[www.SignUpGenius.com/go/30E0D48ACAC2FAAFF2-early](http://www.SignUpGenius.com/go/30E0D48ACAC2FAAFF2-early)

Day-Of packet pick up, **Saturday, Nov. 7<sup>th</sup>** at Copper Rock – **6:45am to 9am**: **3** volunteers needed, wear Rotary logo, a registration director from the event will be there to lead.

[www.SignUpGenius.com/go/30E0D48ACAC2FAAFF2-dayof](http://www.SignUpGenius.com/go/30E0D48ACAC2FAAFF2-dayof)

Course marshals and finish line, **Saturday, Nov. 7<sup>th</sup>** on the course – **8:45am to 11:15am**: **18** volunteers needed, course marshals direct runners and are in groups of 2 at 10 locations and wear safety vests to be provided, 4 finish line volunteers wear Rotary logo. *Need to check in on Friday at Copper Rock to get assignment on the course.* [www.SignUpGenius.com/go/30E0D48ACAC2FAAFF2-course](http://www.SignUpGenius.com/go/30E0D48ACAC2FAAFF2-course)

Course (up to 2 at each):

E Calumet St and S Walden Ave

S Carpenter St and Calumet St

S Carpenter St and Maple St

S East St and E Harrison St

S Meadows Dr before Estherbrook Ct

S Walden Ave and E Tracey St

As well as 3 more locations not yet determined.

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## NOVEMBER 10th-VETERANS ADMIN-PTSD

Post-Traumatic Stress Disorder: Who gets it, Why and Can it Be Cured? On Nov. 10, Lori Boardman, counselor for veterans with PTSD and Dr. Tom Tatlock who has been researching traumatic brain injury will be here to share their insights on how PTSD and traumatic brain injuries are affecting veterans today.

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