



# ROTARY CLUB OF APPLETON GUSTO

Service Above Self

## November 3rd , 2015 Upcoming Programs

### November 10th, 2015 Radisson-Salon A

Veteran's Admin-Post  
traumatic stress syndrome  
Thought of the Day: Phil  
Sealy

### November 10th, 2015 Radisson-Salon CD

State of the County Report-  
Tom Nelson  
Thought of the Day:

### Officers 2015-2016 President

Sridhar

### President-Elect Jennifer Stephany

### Past President Deborah Wetter

### Secretary Chad Hershner

### Treasurer Gary Hermsen

### Directors Rosie Cannizzo Ruth Ann Heeter Sonia Barham Andrew Micheletti Jake Woodford Alan Blake John Nygaard

### Sergeant-At-Arms Jon Kester

### Rotarian of the Year Mary Harp-Jirschele

### Admin. Assistant Meghan Warner Phone 205-5255 rotaryappleton@gmail.com

### Membership – 167

Downtown Gusto  
Meghan Warner, Editor  
Dist. 6220, Club 2656  
P. O. Box 703  
Appleton, WI 54912  
[www.appletonrotary.org](http://www.appletonrotary.org)

Meets Tuesday Noon

## NOBEL CONFERENCE

On October 6, 2015 to October 7, 2015 many gathered at Gustavus Adolphus College in Saint Peter, Minnesota for the 51<sup>st</sup> Nobel Conference. The topic was, "Addiction: Exploring the Science and Experience of an Equal Opportunity Condition". Experts in medicine, neuroscience, sociology, economics, and philosophy were brought in to explore the science and experiences of addiction. Ellen Wilson, Professor in the Psychology department at University of Wisconsin- Fox Valley attended the conference along with 2 students, Terrik Sauer and Matt Frank. Ellen stated there were 90 students that attended the event and 23 of them were from UW-Fox Valley. There were 6 renowned speakers who are masters in their field of study. Matt Frank, student at UW-Fox Valley, talked about the diversity of the people that attended the event. He believes that addiction is the last frontier we are working on. It was interesting for him to hear from the professors on their take of things from the conference. He spoke briefly about prescriptions in high school students and how the trend is growing and kids are finding pills and they are not being informed on the consequences. What he learned from the conference is an important theme: Damage Control. Kids are going to experiment. It's in their nature to do what others are doing. Discuss with your kids the consequences and teach them about the real facts. Terrik, another student from UW-Fox spoke to us about addiction. Addiction is not just a bad thing, we need to treat it as a person with and addiction and we need to treat them. We need to make the person better so they don't relapse or possibly die. He mentioned people incarcerated due to drugs. While they are in they get sober/clean and then when they come out they go back to their old lifestyle and feel as if they did not miss a beat and that's when the trouble hits. They need to be helped while incarcerated so they can come out and live a healthier life. Terrik hopes to use what he learned from the conference in his life experiences.

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## NOVEMBER BIRTHDAYS

Be sure to wish the following Rotarians Happy Birthday this month: Matt Rehbein (11/06), Wayne Defferding (11/09), Gail Popp (11/09), Jan Quinlan (11/09), Jim Bowman (11/10), Jeff Knezel (11/16), Jeff Esker (11/18), Sudeep Sodhi (11/18), Trey Nehr (11/21), Roger Van Vreede (11/22), Curt Detjen (11/24) and Gail Enke (11/30).

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## ANNOUNCEMENTS

- There will be an Orientation for all new members who started in January 2015 until now held on **Tuesday, November 10<sup>th</sup>** during our regular meeting. Please contact Jon Kester at [jkester@tds.net](mailto:jkester@tds.net) or Collen Rortvedt at [crortvedt@apl.org](mailto:crortvedt@apl.org) if you are able to attend.
  - We are now accepting Spousal memberships. If your spouse is interested in becoming a member please contact Meghan for an application or simply go online to our website [www.rotaryappleton.org](http://www.rotaryappleton.org).
  - The SAS Committee is looking for service ideas for 2016 when we go to our 3 + 1 meetings. If you have any ideas please fill out the survey that was sent to you via Survey Monkey. If you have any questions please contact Nancy Leipzig at [nancy.leipzig@communitycareinc.org](mailto:nancy.leipzig@communitycareinc.org).
  - We have filled all the volunteer spots for the Houdini 10K. The race will be held this Saturday, November 7<sup>th</sup> downtown starting at Houdini plaza. Vests will be available but if you have Rotary attire please make sure to wear it!
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### GUESTS, VISITORS AND MAKE-UPS

Guests today were Ellen Wilson, Terrik Sauer and Matt Frank with the club.

Visiting Rotarians this week were Dan Lacy from Neenah Rotary Club

Make ups this week were Deborah Wetter and Mark Logemann with Appleton breakfast

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### NOVEMBER 17th-STATE OF THE COUNTY REPORT-TOM NELSON

Outagamie County Executive Tom Nelson will share a "State of the County" report. This will include an overview of county departments, budget priorities for the coming year, and issues and challenges for Outagamie County's future.

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## Appleton **HOUDINI 10K**

Presented by

**Rotary**

CLUB OF APPLETON



**What:** First of its kind, everything Appleton and everything Houdini offering a unique distance as well as exciting start and finish line entertainment, including street magicians!

**When:** November 7th, 2015 at 9:00 AM

**Where:** Houdini Plaza, Downtown Appleton, WI

**It's going to be a magical 10k**

For more information visit:

**[www.runawayshoes.net/events](http://www.runawayshoes.net/events)**



**HOUDINI'S ESCAPE**

