



ROTARY CLUB OF APPLETON GUSTO

Service Above Self

July 12th, 2016 Upcoming Programs

July 19th, 2016 FOX BANQUETS

Employee First Initiative
Thought of the Day: Patti Warmenhoven

July 26th, 2016 Fox Banquets

Effects of Financial Life Crisis on Workplace
Productivity/ROY Award
Thought of the Day: Dean Hunt

Officers 2016-2017 President

Jennifer Stephany

President-Elect Chad Hershner

Past President B. S. Sridhar

Secretary Gary Hermsen

Treasurer Nancy Leipzig

Directors
Sonia Barham
Andrew Micheletti
Jake Woodford
John Nygaard
Mary Downs
Jenni Eickelberg
Andrew Dane
Amy Flanders

Sergeant-At-Arms Dan Flannery

Rotarian of the Year
Nancy Leipzig
Tom Boldt

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Membership – 149

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ADVERSE CHILDHOOD EXPERIENCES STUDY AND THE IMPACT OF TRAUMA

Childhood experiences, both positive and negative, have a tremendous impact on future violence victimization and perpetration, and lifelong health and opportunity. As such, early experiences are an important public health issue. Much of the foundational research in this area has been referred to as Adverse Childhood Experiences (ACEs). The ACE Study is one of the largest scientific research studies of its kind, with over 17,000 mostly middle income Americans participating. The focus was to analyze the relationship between childhood trauma and the risk of physical and mental illness in adulthood. Over the course of a decade, the results demonstrated a strong, graded relationship between the level of traumatic stress in childhood and poor physical, mental and behavioral outcomes later in life. Adverse Childhood Experiences have been linked to: *risky health behaviors *chronic health conditions *low life potential, and *early death. As the number of ACEs increases, so does the risk of these outcomes.

ACEs can have lasting effects on...



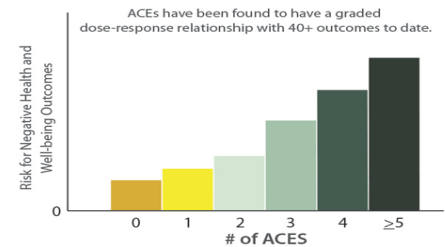
Health (obesity, diabetes, depression, suicide attempts, STDs, heart disease, cancer, stroke, COPD, broken bones)



Behaviors (smoking, alcoholism, drug use)



Life Potential (graduation rates, academic achievement, lost time from work)



*This pattern holds for the 40+ outcomes, but the exact risk values vary depending on the outcome.

These wide-ranging health and social consequences underscore the importance of preventing ACEs before they happen. Safe, stable and nurturing relationships and environments can have a positive impact on a broad range of health problems and on the development of skills that help children reach their full potential. Strategic that addresses the needs of children and their families include: Home visiting to pregnant women and families with newborns, Parenting training programs, Intimate partner violence prevention, Social support for parents, Parent support programs for teens and teen pregnancy prevention programs, Mental illness and substance abuse treatment, High quality child care, and Sufficient income support for lower income families.

JULY BIRTHDAYS

Please wish the following Rotarians Happy Birthday this month: Frank Rippl (7/08), John Nygaard (7/19), Shannon Full (7/21), John Wiley (7/21), Karen Laws (7/23), Jay Drzewiecki (7/24), Steve Rieth (7/25), Jeff Schultz (7/25), John Parker (7/31) and Martin Rudd (7/31).

7 DAY NOTICE

The following individuals have been proposed for membership in Rotary. They have passed all committees and unless an objection in writing is submitted to the secretary within 7 days, these members will be admitted to the Rotary Club of Appleton.

Becky Bartoszek of Appleton, WI 54914 has been proposed into membership by Chad Hershner. She would enter under the classification of Employment Agency

Karen Cain of 2620 W. Brewster St., Appleton, WI 54914 has been proposed into membership by Barbara Merry. She would enter under the classification of Real Estate – Sales.

ANNOUNCEMENTS

- **SAVE THE DATE: TUESDAY, AUGUST 2ND** – Rotary on the Road at Reid Golf Course from 11:30-3:00. If you are not a golfer please stop by afterwards to enjoy some refreshments. **See attached flyer.**
- **Service Above Selfie** Our Rotary volunteer activity for July and August is going to be “Ala Carte”. We know our members are very active in many organizations outside of Rotary, and now’s your chance to promote them as a Service Above “Selfie”! In July and August, post volunteer activities on our Rotary Facebook page. Volunteer activities can be with non-profits, faith communities or civic volunteer work (not related to your job) which take place in July and/or August. Share information about the organization, what you do, and why you do it! Photos are encouraged! Create a separate post for each activity. Each Posting in July will go into a drawing for a \$100 donation to the entity for which you volunteered. How great is that! *If you are unable to post of Facebook, you can send your information and photo to Meghan and she will post for you.
- Kimberly Clark would like to invite any **KC retirees** who may be in your club to visit Kimberly Clark as part of an Open House being held on **July 20th from 3-6pm**. The Open House will showcase recent renovations to the West Offices that feature Kimberly Clark history that they may be interested in. Please let Meghan know if you are interested in attending at rotaryappleton@gmail.com
- If you see extraordinary customer service fill out a Courtesy Award Nomination form. Deadline to get your applications in by is **August 19th**. You can find them on the website at www.appletonrotary.org or go to Survey monkey at <https://www.surveymonkey.com/r/LXTPX99>.

GUESTS, VISITORS AND MAKE-UPS

Visiting guests this week were William Green and Carlyn Andrew with Marta Weldon and Beth Clay with the club.

There were No Visiting Rotarians this week

There were No Make ups this week were

NEXT MEETING – JULY 19TH, 2016 – EMPLOYEE FIRST INITIATIVE

The Employment First (EF) Initiative is a project of the Wisconsin Board for Persons with Developmental Disabilities (WI BPDD). Dan Luebke is an EF Ambassador who will share his story of success as a person with Down syndrome who is employed by Affinity. Many businesses have workforce needs that are unmet. Dan’s presentation will inspire us to consider hiring persons with disabilities.
