



# ROTARY CLUB OF APPLETON

## GUSTO

Service Above Self

### October 28th, 2014 Upcoming Programs

#### November 4th, 2014

WWII Vets- Dr. Lowell Peterson Thought of the Day: Alan Blake

#### November 11th, 2014

Thumbnails/Business Meeting Thought of the Day: Rev. Dennis Episcopo

### Officers 2014-2015

#### **President**

Deborah Wetter

#### **President-Elect**

Sridhar

#### **Past President**

Peter Kelly

#### **Secretary**

Jennifer Stephany

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Chad Hershner

#### **Directors**

Rosie Cannizzo  
Michelle Devine-Giese  
Ruth Ann Heeter  
Gary Hermsen  
Dennis Hietpas  
Egide Nimubona  
Shana Shallue  
Marta Weldon

#### **Sergeant-At-Arms**

Jon Kester

#### **Rotarians of the Year**

Tony Gonzalez/  
Kathy Dreyer

#### **Admin. Assistant**

Meghan Warner  
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#### **Membership – 176**

Downtown Gusto  
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Appleton, WI 54912  
[www.appletonrotary.org](http://www.appletonrotary.org)  
Meets Tuesday Noon

### WEIGHT OF THE FOX VALLEY

The Weight of the Fox Valley has been established to help community members achieve and maintain a healthy weight at every age. It is a three-county initiative to address obesity and being overweight in Calumet, Outagamie and Winnebago counties. As of right now the program offers two different teams that you can join. The first team is the Active Communities Action Team. Active community environments increase resident's physical activity by providing more opportunities to be active. The second team is the Worksite Action Team. Worksites are prime settings to implement healthy habits, since employed adults spend the majority of their week at work. The Weight of the Fox Valley would like us to spread the word. They have a Facebook page they would like you to check out and like. Again, you can join an action team. If you are interested in joining please contact Keren Rosenberg at [keren.rosenberg@unitedwayfoxcities.org](mailto:keren.rosenberg@unitedwayfoxcities.org). Finally they would like you to take the pledge. By taking the pledge you write down one healthy change you are going to try and make in your life. If you were not able to attend the meeting on October 28th please contact Keren at [keren.rosenberg@unitedwayfoxcities.org](mailto:keren.rosenberg@unitedwayfoxcities.org) and she will mail you a post card. For those of you who were able to attend you will receive your reminder post card in a few weeks. You will be reminded of your pledge you wrote down and see if you are still making that change or if you have not started it is to remind you to make that healthy lifestyle change. Weight of the Fox Valley wanted to let members know that there is a meeting on December 11<sup>th</sup> at Bridgewood Conference Center in Neenah about Community Health. Dr. Patrick Remington will be the key speaker. If you are interested please join.

### ANNOUNCEMENTS

- Please mark your calendars for **April 17<sup>th</sup>** for the Rotary Shines Annual Fundraiser!
- The Arts Professional Development Scholarship is looking for applicants. Please direct people to our website <http://www.focol.org/aprotary/> for an application or they can contact Meghan at [appletonrotary@gmail.com](mailto:appletonrotary@gmail.com). The deadline for the application is November 15<sup>th</sup>. Please let me know if you have any questions.
- Rotary Nonprofit Advisors are open for business and are seeking new members for their committee. Please see attachment.
- World Service Committee is looking for members for their committee. If interested please contact Jeff Werner. Also, grant applications are available. You can email Jeff at [jeffrey.werner707@gmail.com](mailto:jeffrey.werner707@gmail.com) with any questions.
- Are you interested in becoming the next District Governor? If so, please contact Deborah Wetter or Peter Kelly. Nominations are now being accepted and interviews start in January. You can also check out [www.rotary.org](http://www.rotary.org).
- Merle Mueller is in Hospice and would like some visitors. If you have time please stop by The Heritage Hospice Room 132 located at 2600 Heritage Woods Dr. Appleton, WI.

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### **SAMP PACKING-OCTOBER 28<sup>TH</sup>**

On Tuesday, October 28<sup>th</sup> we had 16 Rotarians and 1 spouse, 4 volunteers from Goodwill and 23 Rotaract students pack a record high 29 Gaylords. Thank you to all that made it possible. We truly could not have done it without you.

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### **GUESTS, VISITORS AND MAKE-UPS**

**Guests today were** Jeff McLaughlin with Chad Hershner, Dan Flannery with Bob Pedersen, Robin Lutz with Dawn Doberstein, Marti Hemwall with Curt Detjen and Keren Rosenberg with the club.

**Visiting Rotarians were** Jim Schwartz from Green Bay

**No Make-ups this week**

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### **NEXT WEEKS MEETING- NOVEMBER 11<sup>TH</sup>- THUMBNAILS/BUSINESS MEETING**

Next week, On Nov. 11<sup>th</sup> four new Rotarians want to share something personal with you. Join us on the 11<sup>th</sup> where you will hear from three out of the four thumbnails while enjoying the usual fun and fellowship that accompanies all Rotary meetings!