



# ROTARY CLUB OF APPLETON

## GUSTO

*Service Above Self*

### January 27th, 2015 Upcoming Programs

#### February 3rd, 2015

##### **Fox Banquets**

Millennials-Lawrence-Nancy  
Truesdell  
Thought of the Day: Megan  
Klubertanz

#### February 10th, 2015

##### **Radisson- Salon CD**

Service Above Self  
Committee/Volunteer Center  
Thought of the Day: ?

#### Officers 2014-2015

##### **President**

Deborah Wetter

##### **President-Elect**

Sridhar

##### **Past President**

Peter Kelly

##### **Secretary**

Jennifer Stephany

##### **Treasurer**

Chad Hershner

##### **Directors**

Rosie Cannizzo  
Michelle Devine-Giese  
Ruth Ann Heeter  
Gary Hermsen  
Dennis Hietpas  
Egide Nimubona  
Shana Shallue  
Marta Weldon

##### **Sergeant-At-Arms**

Jon Kester

##### **Rotarians of the Year**

Tony Gonzalez/  
Kathy Dreyer

##### **Admin. Assistant**

Meghan Warner  
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##### **Membership – 175**

Downtown Gusto  
Meghan Warner, Editor  
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Appleton, WI 54912  
[www.appletonrotary.org](http://www.appletonrotary.org)  
Meets Tuesday Noon

### ADDICTION IN THE FOX VALLEY

There is a growing number of substance abuse in the Fox Valley. At our meeting we had three great speakers come in and inform the club on what is going on in the Valley. Our first speaker was Officer Sean Kuether with the Appleton Police Department and he is also with the Outagamie County Drug Court and on the leadership team for the Fox Valley Substance Abuse Coalition. He informed us that the biggest substance that causes the most problems in Appleton is alcohol. Heroin and Meth are the next biggest issues and is a growing concern in our area. In 2011 the police seized 20 grams of heroin, in 2012, 47 grams, in 2013, 80 grams and in 2014, 112 grams. In 2009, 6 people were arrested for heroin and in 2014, 96 people. Jane Zarnetzke, Intake Coordinator with the Mooring Program, spoke to us about inpatient treatment. She helps people get in to inpatient treatment and deal with the addictions that have taken over their lives. Their addictions affect their family members, employment, legal issues and most importantly their health. The Mooring program help families heal and they work with all kinds of substances. Half of the people that come in have an alcohol addiction the rest are addicted to meth or heroin and some marijuana. Each person is treated differently due to their substance addictions and their withdrawals. Usually they have patients stay from 1 month to 1 year depending on what works for them. Our last speaker was Kathy Flores. Kathy is with the City of Appleton as the Diversity Coordinator and on the leadership team for the Fox Valley Substance Abuse Coalition. Most importantly, Kathy has a daughter, Amanda, who had a substance abuse addiction. In junior high Amanda started using marijuana at the age of 16 and by 18 was using crack cocaine. Four years ago she started using heroin. Amanda lived a very dangerous life and was arrested in 2013 for manufacturing drugs and was sent to jail. Kathy believes this saved her life. Amanda had to detox in jail and face her consequences. She has started rehab and is on the track to rebuild her life. Over the years when Amanda was using she lost friends, family and most importantly her children. Kathy's advice to the club was that you need to take care of yourself first if you have a loved one that is going through this. If there is shame it will halt the healing process, you cannot have control over everything and most importantly you are not alone. There are others in our community that either are going through the same thing or went through similar experiences. Seek out help from friends, family, police officers and share your story.

### ANNOUNCEMENTS

- **THE NEW WEBSITE NEEDS YOUR HELP!** The work is ready to begin on the new and improved club website. We are looking for three fellow Rotarians to join Mary, Jennifer, Deborah and Meghan as we identify features, establish page content and develop a new design for the site. To volunteer your time and talents to this important project please email Jennifer at [jennifer@appletondowntown.org](mailto:jennifer@appletondowntown.org)
- **RYLA COMMITTEE** is looking for 2 more committee members. If you are interested in joining please contact Gary Hermsen or Marta Weldon.
- Rotary Shines is selling chocolates just in time for Valentine's Day. If you are interested they are \$20 a box and you can sign up at our meetings.
- Save the date: **April 17<sup>th</sup>** for our Rotary Shines event which will be held at Fox Banquets. Tickets go on sale February 3 and are \$100/couple. There is a cork pull for this event. If you could donate a bottle of wine or know any contacts that could help please contact Megan Klubertanz with that information.

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### **GUESTS, VISITORS AND MAKE-UPS**

**Today our guests were** Dean Hunt with Deborah Wetter, Pragyam Sigdel and Nijesh Upreti with Rotaract, Sandhya Sridhar with Sridhar, Karen Harkness with Matt Rehbein, Paula Morgen with Chad Hershner, Carrie Walkup and Jason Pheifer with David Weiss and Jane Zanetzke, Kathy Flores and Sean Kuether with the club.

**Visiting Rotarians were** Marnie Speilbauer from Fox Cities Morning Club and Eric Glassco from Neenah Rotary Club

**There were no Make ups**

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### **FEBRUARY 10th MEETING-SERVICE ABOVE SELF COMMITTEE/VOLUNTEER CENTER**

Service Above Self. We have heard from many of you that one of the reasons you joined and belong to Rotary is to provide service to the community. We have a newly formed committee called Service Above Self (SAS), which is headed by Nancy Leipzig. On Feb. 10, Nancy along with Kristin Cates and Julia Drobek from the Volunteer Center of East Central WI will let you know more about this committee and how the committee will work closely with the Volunteer Center to provide our club with opportunities for service in the community.

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### **FRIDAY FISH FRY-FRIDAY, FEBRUARY 20<sup>TH</sup> AT CIMARRON**

Rotarians are invited to gather for a FRIDAY FISH FRY, **Friday, February 20th, 6:30 p.m.** at Cimarron Bar and Grill in Menasha.

Cimarron is located just east of Oneida Street on Highway 10/114 on the north side of the highway.

Sign-up sheets will be at the check in table at Rotary meetings from Jan. 27<sup>th</sup> through Feb. 17<sup>th</sup> so we can complete necessary reservations with Cimarron.

Join us for an evening of fun and food and Rotarian good cheer!